

## **STEP 3: Conducting a Community Forum**

### **Community Forum Discussion Points**

# **COMMUNITY HEALTH FORUM**

## **Discussion Points**



**Healthy Eating Active Living**



1. Do you feel we have described our community accurately?
2. What is your experience of the food and activity resources in our community?
3. What in our environment is impacting or determining our health behaviors?
4. What do you think we should do next?
5. How can we start to change our environment?
  - a. Think about immediate action steps and long range goals.
  - b. Consider target age group(s) and setting(s).