




Healthcare Delivery System Policies, Practices, and Environmental Factors for Healthy Eating and Active Living

Healthy People 2010 Objective 7.7, .8, .9	Increase the proportion of Health care organizations, hospitals, and MCOs that provide chronic disease prevention and health promotion activities that address the community priority health needs, and of patients satisfied with the patient education received from their health care organizations.
Healthy People 2010 Objective 3.10h	Increase the proportion of Primary care providers that counsel their at-risk patients about physical activity and nutrition
Healthy People 2010 Objective 19.2	Increase the proportion of Physician office visits made by patients with a diagnosis of cardiovascular disease, diabetes, or hyperlipidemia that include counseling or education related to diet and nutrition.
Healthy People 2010 Objective 1.3	Increase the proportion of persons appropriately counseled about health behaviors
Healthy People 2010 Objective 11.6	Increase the proportion of persons who report that their health care providers have satisfactory communication skills.

Indicators:

 *Reminder: Consideration of the following questions is dependent on the context of the assessment's focus (i.e., a subset of healthcare providers, or a specific identified health provider).*

1. Estimated percentage of students reported by school nurse/medical advisor to be overweight or obese?	_____%
2. Estimated percentage of children ages 2-18 years of age reported by local health providers to be overweight or obese?	_____%
3. Estimated percentage of adults ages 18-62 years of age reported by local health providers to be overweight or obese?	_____%
4. Percentage of children ages 2-5 years of age participating in the Women, Infant, and Children Special Supplemental Nutrition Program (W.I.C.) who have BMI's indicating an increased risk of overweight and/or obesity?	_____%
 CT Department of Public Health – CT WIC Program Access local WIC Office contact information www.dph.state.ct.us/BCH/wic/textonlywic/wicofficelist.htm	
5. Number of certified, registered or credentialed dietitian or nutrition counselors available in the community?	_____
 American Dietetic Association (ADA) American Dietetic Association website access and search for a nutritionist in your area. www.eatright.org	
6. Number of certified, registered, or credentialed behavior/mental health specialists?	_____
7. Number of certified, registered, or credentialed physical fitness specialists available in the community?	_____
8. Do healthcare providers (physician, physician's assistant, and nurse practitioner) have a mechanism or system to access a list of available preventative health benefits offered by an individual's insurance plan (e.g., gym memberships, weight loss groups) to refer a patient for these services at the time of patient visit?	<input type="checkbox"/> Yes <input type="checkbox"/> No
9. Do healthcare providers (physician, physician's assistant, and nurse practitioner) have a mechanism or system to access a list of available publicly supported preventive health benefits (e.g., community center programs, classes, or resources for nutrition or physical activity)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
10. Do healthcare providers (physician, physician's assistant, and nurse practitioner) have a policy to provide or refer patients identified as obese or overweight to specialized services (e.g., health club, fitness class, weight loss clinic, Weight Watchers or weight loss groups, registered dietitian, etc.)?	<input type="checkbox"/> Yes <input type="checkbox"/> No
11. Do healthcare providers (physician, physician's assistant and nurse practitioner) participate in training or continuing education sessions on how to assess and counsel patients for physical activity?	<input type="checkbox"/> Yes <input type="checkbox"/> No

12. Do healthcare providers (physician, physician's assistant and nurse practitioner) participate in training or continuing education sessions on how to assess and counsel patients for nutrition?	<input type="checkbox"/> Yes <input type="checkbox"/> No
13. Do health sites have health educational materials (classes, videos, printed materials) available for appropriate physical activity recommendations and practices.	<input type="checkbox"/> Yes <input type="checkbox"/> No
14. Do health sites have health educational materials (classes, videos, printed materials) available for healthy nutrition behaviors and practices.	<input type="checkbox"/> Yes <input type="checkbox"/> No
15. Do health sites have a system for reimbursement for physical activity counseling, nutrition counseling, lipid screening or management?	<input type="checkbox"/> Yes <input type="checkbox"/> No